

Morgan County Mental Health Resources

Last updated 6/13/2022

This resource list is a working document and is periodically updated. When distributing this document, please note that the information may not be up to date. If you have updates or would like to request a change to the document, please email Tricia Runnigen at trunningen@kendrickfoundation.org.

PREVENTIVE SERVICES

Boys & Girls Club of Morgan County

Our mission is to empower all youth, especially those who need us most, to grow to their full potential to be responsible, caring, and productive citizens. The Boys & Girls Club of Morgan County is a guidance organization for all area youth, grades Kindergarten through 12th. Through club programming and mentoring, led by caring adults and young-adult staff, youth learn skills and experience success in academic performance, the practice of positive character and leadership, and in making appropriate choices for sustainable healthy lifestyles. Boys & Girls Club alumni credit the clubs with saving lives and providing hope and opportunity for the kids who are most in need.

31 Indianapolis Rd.

Mooresville, IN 46158

317-834-9744

<https://bgcmorgan.org/>

Bradford Woods

Bradford Woods is Indiana University's Outdoor Center. We provide experiential and therapeutic outdoor programs to people of all backgrounds and abilities on our 2,500-acre campus, located between Bloomington and Indianapolis. Our vision is to be global leaders in delivering inclusive and experiential outdoor programming.

5040 State Rd. 67 N.

Martinsville, IN 46151

765-342-2915

<https://bradfordwoods.iu.edu/>

Change the Frequency

Who doesn't need a boost? For weekly inspiration, encouragement, and new tips on how to change your mental frequency, text MENTALHEALTH to 317-676-6730. Prioritizing mental health in our daily lives allows us to be more resilient when challenging moments arrive. Together, we have the power to Change the Frequency of our mental wellbeing—to build connections, shape positive habits, and form healthy coping techniques. We offer an activity guide, home checklist and resource list to encourage positive emotions and shape your daily routine for mindfulness and growth.

Text MENTALHEALTH to 317-676-6730

<https://changethefrequency.today/>

Hope House (Churches in Mission)

Hope House is the educational and resource program of Churches in Mission. We partner with organizations and individuals in our community to provide free activities and classes to help our clients and their families build on their future. Every month, we have classes that encourage healthy lifestyles, strengthening families, financial coaching, resume and interview help, and more. We also provide a monthly family night with dinner and an activity. Clients also can receive household items, gift cards, and more for completing classes.

Life Pointe Church

825 N. Indiana St.

Mooresville, IN 46158

317-220-2627

<http://churchesinmission.org/hope-house-classes/>

Churches in Mission

60 W. Pike St.

Martinsville, IN 46151

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Reach for Youth, Inc.

We are one of Indianapolis' essential mental health providers. Our mission is to provide second chances through prevention, intervention, and counseling services. For 47 years, Reach for Youth has provided quality mental health and youth services programming to Central Indiana youth and their families. Our mental health and clinical services address important issues that impact students, parents, and families - such as managing depression, anxiety, trauma, academic and school success, sexual acting out behaviors, and substance abuse. Reach for Youth is home to a nationally recognized Teen Court program that brings juvenile offenders and trained youth volunteers together to provide a second chance to youthful offenders.

435 E. Main St., Suite 100

Greenwood, IN 46143

317-788-4451

<https://www.reachforyouth.org/>

YMCA of Morgan County

The YMCA of Morgan County mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all. We seek to enrich the community by leading, collaborating, and providing a safe environment for growth. We do this by focusing on: Youth Development, Healthy Living and Social Responsibility. As part of our mission, our programs are accessible, affordable, and open to all faiths, backgrounds abilities and income levels. We provide financial assistance to people who otherwise may not have been able to afford to participate.

2039 E. Morgan St.

Martinsville, IN 46151

765-342-6688

<https://www.ycamorgancounty.org/>

MENTAL HEALTH CARE

Catholic Charities Indianapolis

Catholic Charities Indianapolis provides accessible and affordable mental health counseling services for both adults and children. Counseling can address physical, psychological, and emotional needs regardless of ability to pay. Counseling services are offered in person at IU Health Morgan, as well as via telehealth (video) and telephone.

1400 N. Meridian St.

Indianapolis, IN 46202

317-236-1500

<https://www.archindy.org/cc/indianapolis/programs-family.html>

Centerstone Outpatient Services

Centerstone provides outpatient mental health and addiction services to children, teens, and adults. Licensed clinicians work with patients to figure out the best path to help. Services include individual, family, couple, or group counseling that can help with addiction, anger management, anxiety, depression, stress, and trauma. Insurance is accepted.

952 S. Main St.

Martinsville, IN 46151

877-467-3123

494 N. Town Center St.

Mooresville, IN 46158

<https://centerstone.org/service/counseling/>

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IU Health Morgan

At IU Health, you'll receive support to cope with life's most difficult challenges. We will help you get what you need to improve your mental health and thrive. We will review your symptoms and identify the behavioral health condition affecting you. Together, we'll recommend a plan of treatment. IU Health is Indiana's largest adult psychiatry outpatient program. We provide a full spectrum of adult care. Our focus is to study, diagnose, treat, and prevent mental disorders. From diagnosis through treatment and recovery, our doctors offer innovative treatment options. Our psychiatrists give mental health services for adults. We have vast expertise in treating many psychiatric disorders.

2209 John R. Wooden Dr.

Martinsville, IN 46151

765-342-8441

<https://iuhealth.org/find-medical-services/behavioral-health>

DOMESTIC VIOLENCE AND SEXUAL ASSAULT RESOURCES

Desert Rose Foundation, Inc.

Desert Rose is a faith-based nonprofit organization whose mission is to provide transitional shelter for victims of domestic violence and sexual assault, as well as the services needed to break the cycle of abuse in families.

Open 24/7

P.O. Box 1754

Martinsville, IN 46151

765-342-ROSE (7673)

<http://www.desertrose.cc/Default.aspx>

National Sexual Assault Hotline

Available 24 hours a day, seven days a week via phone or online chat. Connects those who have been sexually assaulted with a trained staff member from a sexual assault service provider in their area that offers access to a range of free services.

Call 800-656-HOPE (4673)

<https://hotline.rainn.org/online>

SUBSTANCE USE INTERVENTIONS, COUNSELING, TREATMENT, AND RECOVERY

Amitola Care Farm

Amitola Care Farm enhances the quality of life and self-worth for women impacted by trauma with the assistance of animals and transformational programs in nature. We teach loving-kindness and self-worth through transformational programs & animal assisted therapy, delivered virtually and through community engagement to women and children.

info@amitolacarefarm.com

<https://www.amitolacarefarm.com/>

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952 S. Main St.

494 N. Town Center St.

Martinsville, IN 46151

Mooresville, IN 46158

877-467-3123

<https://centerstone.org/service/counseling/>

Groups Recover Together

Groups Recover Together provides effective and affordable treatment to recover from opiate use. The opiate recovery treatment community provides medication (Suboxone) and weekly therapy sessions with other people recovering from opiates. While such medicines should typically be used for 18-24 months, the community at Groups Recover Together is for life. This program provides medication-assisted treatment and group therapy.

1030 E. Morgan St.

Martinsville, IN 46151

888-858-1723

<https://locations.joiningroups.com/in/martinsville/groups-recover-together-martinsville-in-grt031.html>

Indiana Recovery Alliance

The Indiana Recovery Alliance is a statewide grassroots organization dedicated to the implementation of harm reduction interventions, public health strategies, drug policy transformation, and justice reform in Indiana and throughout the Midwest. Visit the website for resources about harm reduction evidence and research, naloxone training materials, and safe consumption sites.

812-567-2337

<https://indianarecoveryalliance.org/>

Magdalene House (Stability First)

Magdalene House is a shelter for homeless women who do not meet the criteria for admission into other area shelters. We provide housing and supportive services for up to 16 women. In addition to food and shelter, each resident works through an individualized stability plan. Programming includes educational opportunities, specific job readiness skills, health and wellness education, transportation resources, mental health services, addiction recovery programming, spiritual guidance, and other support services – all designed to assure that each woman has stability first.

132 N. Marion St.

Martinsville, IN 46151

765-343-8030

<https://www.stabilityfirst.org/>

Morgan County Substance Abuse Council (MCSAC)

MCSAC is driven by the desire to see positive change happen within our community. MCSAC provides free programming and skills training to people of all ages throughout the county in an effort to reduce the incidence and prevalence of substance misuse by adults and youth. Additionally, MCSAC recognizes that substance misuse overlaps many areas of concern. To address issues such as mental and emotional wellness, suicide, and human trafficking, MCSAC offers education and resources to Morgan County residents throughout the year. MCSAC is a connecting agent to other organizations in and around the community.

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180 S. Main St., Box 6
Martinsville, IN 46151
765-342-1013

<https://morganprevention.org/>

Peace Restored

At Peace Restored, we believe women often feel isolated and alone in their pain and struggles. It is our hope to provide a safe and welcoming environment to allow each of the women that we serve space to find healing and wholeness through their unique journey. Walking through the difficulties of life is hard but it does not need to be alone. At Peace Restored, we combine counseling, coaching, and faith-based care to design your unique steps towards healing.

480 Saint Clair St.
Mooresville, IN 46158
317-361-5281

<https://peacerestored.net/>

Recovery Works

Recovery Works Martinsville provides comprehensive inpatient and outpatient services for adults. Recovery Works Martinsville intends to provide educational, behavioral, and counseling programs as needed to promote the health and well-being of adults throughout the State of Indiana and other states in the region. Recovery Works Martinsville will provide a true full continuum of care, the first campus of its kind in Indiana. Also on campus, Martinsville Treatment Services will provide outpatient opioid addiction treatment through medication-assisted treatment including methadone, buprenorphine (Suboxone), and Vivitrol, once open. Open 24/7.

504 Grand Valley Blvd.
Martinsville, IN 46151
765-516-6275

<https://pinnacle-treatment.com/location/indiana/martinsville/recovery-works-martinsville/>

Additional therapists can be found [here](#). Use filters to identify those who accept Medicaid and Medicare or to find specific mental health professionals/specialists.

SCHOOL-BASED SERVICES

Adult & Child Health

Adult & Child Health helps people live healthier lives and reach their goals. Adult & Child Health offers services to improve mental and physical health, help children excel at school, strengthen families, support children in foster care, help youth become self-sufficient, help adults cope with mental illness, help people find permanent work, and connect adults with affordable housing.

877-882-5122

<https://adultandchild.org/about-us/>

Centerstone

Centerstone offers School-Based Therapy in more than 750 public schools. Providing integrated mental health treatment for children and adolescents, School-Based Therapists work within preschool, elementary, middle and high school facilities, helping students overcome behavioral, emotional or social problems that interfere with success at school and at home.

952 S. Main St.
Martinsville, IN 46151

494 N. Town Center St.
Mooresville, IN 46158

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877-467-3123

<https://centerstone.org/service/counseling/>

Youth First, Inc.

Youth First exists to transform and strengthen the lives of young people and their families. We are the only organization that provides master's level social workers in area schools and prevention programs for youth and families. On-site, free of charge behavioral health services and programs prevent substance abuse, improve family relationships, and develop life skills. Youth First's mission is to strengthen youth and families through evidence-based programs that prevent substance abuse, promote healthy behaviors, and maximize student success.

111 SE Third St., Suite 405

Evansville, IN 47708

812-421-8336

<https://youthfirstinc.org/>

EATING DISORDER SERVICES

Riley Children's Health

The Charis Center for Eating Disorders offers the region's most comprehensive outpatient and inpatient services for eating disorders in adolescents and adults. The center treats patients from across Indiana with conditions such as anorexia, bulimia, binge eating, and other types of eating disorders.

6640 Intech Blvd., Suite 195

Indianapolis, IN 46278

317-295-0608

<https://www.rileychildrens.org/departments/charis-center-for-eating-disorders>

Under the Umbrella, LLC

Under the Umbrella offers multidisciplinary treatment with a collaborative group of professionals specializing in the treatment of eating disorders and disordered eating. Each of the professionals within this practice are independent providers in private practice. Services include individual therapy, group therapy, nutrition therapy, yoga, sport/exercise consultation, and body composition analysis. Initial intake is \$150; therapy sessions are \$130. Insurance policies accepted are Anthem/BCBS, Aetna, Tricare, Cigna, Siho, and IU Health Plans.

1136 W. 17th St., Suite B

Bloomington, IN 47404

812-618-4535

<http://www.undertheumbrellallc.com/index.html>

HOUSING SERVICES

WellSpring / HopeSpring

WellSpring Operates a nine-unit emergency shelter with efficiency or one-bedroom apartments where residents live without cost for up to 30 days. The WellSpring team is dedicated to providing compassionate support and concern for families facing the challenges of homelessness. WellSpring values the choices of homeless families and encourages each to take control over their own lives. We will provide tailored assistance based on what is most needed and important to each individual family. WellSpring seeks to maintain the highest level of integrity in our administrative, service, and

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program activities. WellSpring's primary purpose is to support and provide assistance for families facing the challenges of homelessness through comprehensive education practices and active engagement in the community.

HopeSpring's approach integrates permanent, affordable apartments with best practices, community-based supportive services, to help those with long-term disabilities such as mental illness, physical, or developmental, chronic health conditions be able to access and maintain stable housing in our community.

We offer individually tailored and flexible services for all families. This model helps us to be more responsive to their needs, be efficient and effective in-service delivery, and fully utilize our staff expertise. Services are designed to build independent living and tenancy skills as well as connect people to health care, transportation and more.

Parenting classes including Circles of Care, Boy Mom and Success Over Stress, and youth training in life skills are offered to improve resiliency, coping skills and overall mental health of individuals and families living in both WellSpring and HopeSpring.

Oral Health:

Additional services provided include free dental treatment.

301 W. Harrison St.

Martinsville, IN 46151

765-342-6661

<https://wellspringcenter.org/>

MEETINGS

Connections - Mt. Gilead Church, Mondays 7-8:30pm

Addiction support group. Offers support to those who struggle with substance use, gambling, pornography, overeating, and those affected by each of those. We use a faith-based 12-step curriculum.

6019 SR 144

Mooresville, IN 46158

317-831-1900

M1 Church- Martinsville First Church of the Nazarene- Celebrate Recovery, Fridays @ 6:30pm

1609 John R Wooden Dr.

Martinsville, IN 46151

Overcomer's Outreach (addictions) Eastview Christian Church, Lynay Center, Fridays @ 7-8pm

ANY type of addiction. Lee Mahon is the group's coordinator. You can reach him at ldmahon@hotmail.com.

2745 Old Morgantown Rd.

Martinsville, IN 46151

765-342-4483

<http://eastviewchristianchurch.org/ministries/overcomers-outreach/>

PAL- Parents of Addicted Loved Ones, Mondays @ 6:30-8pm

First Presbyterian Church

240 E. Washington St.

Martinsville, IN 46151

Alcoholics Anonymous

Centerton Meeting Place, Monday-Saturday @ 6pm, Sundays @ 8pm

6030 Clay St.

Martinsville, IN 46151

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First Christian Church- Step Sisters, Thursdays @ 6pm

525 N Indiana St., Room 4
Mooresville, IN 46158

Presbyterian Church, Tuesdays and Thursdays @ 8pm

240 E. Washington St.
Martinsville, IN 46151

United Methodist Church, Sundays @ 4pm, Mondays @ 7:30pm, and Fridays @ 7:30pm

900 Indianapolis Rd.
Mooresville, IN 46158

Narcotics Anonymous

Fairfield Friends Church, Wednesdays @ 7:15-8:30pm

10441 E. Ct. Rd. 700 S.
Camby, IN 46113

Lynay Community Resource Center, Tuesdays @ 7pm

210 West Morgan St.
Martinsville, IN 46151

Visit https://www.naindiana.org/meetings.php?iArealD_req=2 for updated information.

WEBSITES AND HOTLINES

Be Well Indiana

Be Well Indiana is designed to help Hoosiers stay connected and maintain their well-being. Be Well Indiana offers a variety of unique resources that can connect you to trusted information and experts. Hoosiers have a wide range of needs, and we are here to help.

Be Well Crisis Helpline: Call 211

<https://bewellindiana.com/>

Crisis Text Line

Free, 24/7 support from a trained crisis counselor.

Chat: Text HOME to 741741

[Visit Crisis Text Line](#)

Indiana 211

A free, confidential service that connects Hoosiers to local resources and services for food, housing, utility bill support, and more across Indiana.

Call: 211

Text: Your Zip Code to 898-211

Indiana Department of Health

COVID-19 Medical Call Center: call with COVID-19 medical questions or concerns.

Call: 877-826-0011

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[Visit Indiana Department of Health](#)

National Addiction & Recovery Helpline

Free, confidential treatment referral and information for individuals and families.

Call: 800-662-HELP (4357)

TTY: 800-487-4889

[Visit National Addiction & Recovery Helpline](#)

National Domestic Violence Hotline

Help for if you or someone you know is experiencing violence.

Call: 800-799-7233

TTY: 800-787-3224

Chat: Text LOVEIS to 22522

[Visit National Domestic Violence Hotline](#)

National Sexual Assault Hotline

Available 24 hours a day, seven days a week via phone or online chat. Connects those who have been sexually assaulted with a trained staff member from a sexual assault service provider in their area that offers access to a range of free services.

Call: 800-656-HOPE (4673)

<https://hotline.rainn.org/online>

National Suicide Prevention Lifeline

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness. People call to talk about many things: substance abuse, economic worries, relationships, sexual identity, abuse, depression, mental and physical illness, and loneliness, to name a few. What happens when someone calls: first they will hear a message telling them they've reached the National Suicide Prevention Lifeline. Music may play while a connection is made. A skilled, trained crisis worker who works at the Lifeline network crisis center closest to the caller will answer the phone. This person will listen, understand how the problem is affecting the person, provide support, and share helpful resources. Calls are confidential, free, and available 24/7.

Main Number: 1-800-273-8255

Spanish: 888-628-9454

Deaf/Hard of Hearing: 800-799-4889

Quit Now Indiana

Are you ready to make a change in your life? Are you ready to take back control? The Indiana Tobacco Quitline knows how hard it is to quit. We know that it may take several attempts, but we are here to walk you through it every step of the way. We'll find ways to help you curb the cravings. Your health will improve, and you will feel the benefits of living a tobacco-free life. This FREE service is available to Indiana residents that make the call.

1-800-QUIT-NOW (1-800-784-8669)

QuitNowIndiana.com.

Chat: <https://suicidepreventionlifeline.org/chat/>

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The Disaster Distress Helpline 24/7

Immediate crisis counseling for stress, anxiety, depression, and more.

English

Call: 800-985-5990

TTY: 800-846-8517

Chat: Text TalkWithUS to 66746

Spanish

Llama: 800-985-5990 (Llama y prensa "2")

Charla: Texto Hablanos to 66746

[Visit DDH](#)

Veterans' Crisis Line

Confidential, 24/7 support for veterans experiencing emotional distress or considering hurting themselves.

Call: 800-273-TALK (8255)

TTY: 800-799-4889

[Visit the Crisis Line](#)

NALOXONE

Naloxbox located at Centerstone

952 S Main St.

Martinsville, IN 46151

Morgan County Health Department

The Morgan County Health Department is dedicated to the quality of life by promoting, protecting, and providing for the health and safety of its citizens. This is achieved by conducting quality services which create a clean and safe environment and healthy lifestyle for the citizens of Morgan County, developing programs that protect against the spread of disease, keeping citizens informed and prepared for natural and other disasters, and maintaining the well-being of all citizens through public health education. The Morgan County Health Department nurses oversee the issuing of Narcan.

Open Monday – Friday, 8am-4pm.

180 S. Main St., Suite 252

Martinsville, IN 46151

765-342-6621

<https://morgancounty.in.gov/department/index.php?structureid=25>

Recovery Works

Recovery Works Martinsville provides comprehensive inpatient and outpatient services for adults. Recovery Works Martinsville intends to provide educational, behavioral, and counseling programs as needed to promote the health and well-being of adults throughout the State of Indiana and other states in the region. Recovery Works Martinsville will provide a true full continuum of care, the first campus of its kind in Indiana. Also on campus, Martinsville Treatment Services will provide outpatient opioid addiction treatment through medication-assisted treatment including methadone, buprenorphine (Suboxone), and Vivitrol, once open. Open 24/7.

504 Grand Valley Blvd.

Martinsville, IN 46151

Phone: 765-516-6275

<https://pinnacle-treatment.com/location/indiana/martinsville/recovery-works-martinsville/>

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EMERGENCY / CRISIS RESOURCES

IU Health Morgan Emergency Medicine

Open 24/7

2209 John R. Wooden Dr.

Martinsville, IN 46151

765-342-8441

Franciscan Health Mooresville Emergency Department

Open 24/7

1201 Hadley Rd.

Mooresville, IN 46158

317-834-4210

IU Health Bloomington Emergency Medicine

Open 24/7

2651 E. Discovery Pkwy.

Bloomington, IN 47408

812-353-9515

If you are in immediate danger, call 911.

If you or someone you are with is in emotional distress or there is a suicidal crisis, call 988.